Community Living Thunder Bay "Self-Advocate Council Bill of Rights"

The Right To:

- 1. Be safe and free from harm.
- 2. Have Intimate relationships and choose my friends.
- 3. Ask questions when you don't know what someone is saying.
- 4. Make your own informed decisions, choices, and manage the risks.
- 5. To keep personal possessions.
- 6. Know what will happen when you sign a consent form.
- 7. Refuse care, medication or treatment.
- 8. Access community services.
- 9. Choose what job is best for you, and receive payment.
- 10. A Voice, and to be heard, and respected in a dignified way.
- 11. Have privacy and personal space.
- 12. Be involved in the process of selecting your support staff.
- 13. Have access to proper medical care, a lawyer or other advisors when needed.
- 14. Be involved in deciding where you live and with whom.
- 15. Get a quality education.
- 16. Vote
- 17. To be included and not isolated.
- 18. Have access to your records.
- 19. DREAM!

Self-Advocate Council Telephone: 622-1131 or 629-7881