

April 2022

Welcome to our Spring Newsletter!

We hope everyone enjoyed the holidays and had a wonderful New Years and found the time to enjoy the great outdoor even though the pandemic. It seems to have been a longer winter then normal due to the fact we were all struggling though Covid especially the people we support who miss their social connections. As we all know the pandemic has challenged people we support staff and families in every way over the past year. We have learned just how importance connections are especially for the people we support.



Barry (left), Jesse (top) and Anthony (bottom) celebrating their birthdays this year.

Over the past year, it has been so amazing to see how staff and those we support have been keeping busy and having fun in new and creative ways. Thank you to the people we support for remaining positive and patient during these times. Keeping everyone safe and happy though pandemic has been a real accomplishment by everyone. Thank you to each one for your commitment in providing meaning supports though these times. hope spring opens the doors for new possibilities and experiences and warm sunny days ahead. Happy birthday to anyone that celebrated a birthday in the last few months let's hope your next birthdays are celebrated with family and friends.

## UPCOMING EVENTS

Community Living will be holding a one day support initiative for people with intellectual disabilities and their families in UKRAINE on March 30th.. People are encouraged to wear BLUE and YELLOW, or their own Ukrainian apparel.

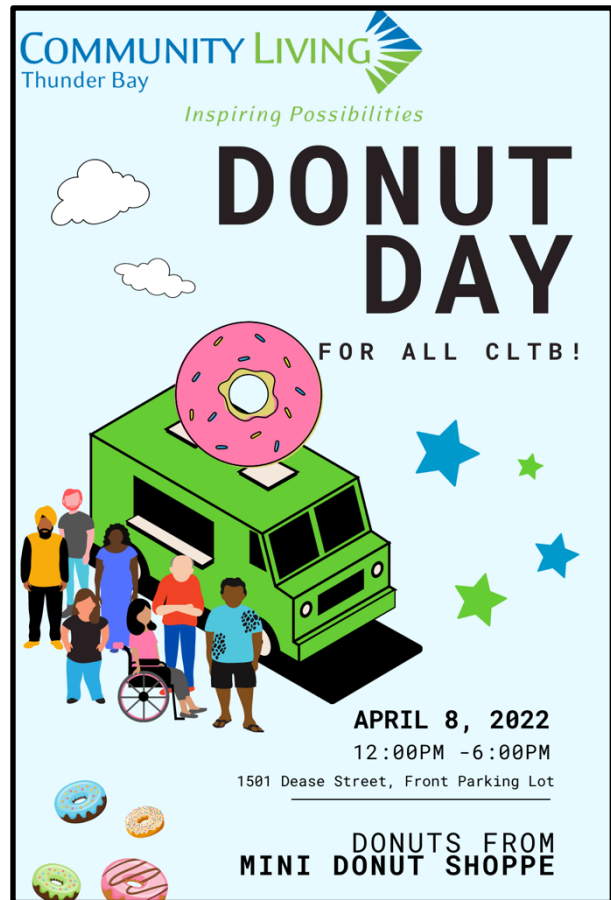


We will be collecting monetary donations up until March 30th. Please drop off your donations to the main office at 1501 Dease St. Thank you in advance and we look forward to seeing pictures of everyone in their blue and yellow.

We are collecting donations for the Ukraine. 100% of the money collected will be used directly to assist Ukrainian citizens with intellectual disabilities and their families impacted by war in Ukraine. The money will go directly to VGO Coalition and their local organizations, so food, water, medicines, hygiene products, and other goods they need urgently can be purchased. The money will also be used to pay for personal assistance, and other community-based forms of support to people with intellectual disabilities and their families

Please send your donations to [etransfer@cltb.ca](mailto:etransfer@cltb.ca) with the word "Ukraine" in the message.

On Friday, April 8 we are having Mini Donut Shoppe set up in our parking lot at the admin office (1501 Dease Street) from 12:00-6:00. All CLTB including friends and family are invited to come by and have some donuts. We are excited to host this event and look forward to seeing everyone there.



As we move into nicer weather, we are ready to enjoy the outdoors at some of our favourite spots, like Wilderness Discovery Camp at Shebandowan Lake and Boulevard, as well as new places we have not been to yet. We thank all families and friends for your continued support through the past 2 years and look forward to having some fun this summer.